

CAMP APPLICATION

Flames Day Camp (grades 5-8)

Early (Before June 5th) Late (After June 5th)

*June 29-July 2, 2010 \$175 \$200

(Non-refundable \$100 deposit per camper due with application)

Open to any & all entrants; limited only by number, age, grade level and/or gender.

Camper Name: _____

Grade in Fall '10: _____ T-Shirt Size (adult): _____

Address: _____

Parents/Guardian Names: _____

Home #: _____ Work #: _____

Cell #: _____ Email: _____

Insurance Company: _____

Policy #: _____

School attending in Fall: _____

Consent to Treat and Release

I hereby give permission to Liberty University and the Lady Flames Basketball Camp, its officers, employees, agents, trainers, or staff members to take whatever action is necessary for the health and welfare of my child including consenting on my behalf to any and all medical treatments, procedures, operations, and/or hospitalizations. I further agree to hold them harmless and indemnify them for all medical bills incurred for the treatment of my child. I understand that basketball is a very physical sport that can result in serious injury. I hold Liberty University and Lady Flames Basketball Camp, its officers, employees, agents, trainers, or staff members harmless and hereby release them from liability for any injury to my child while attending camp.

Parent/Guardian's Printed Name Date

Parent/Guardian's Signature Date

**Make Checks Payable to:
LADY FLAMES BASKETBALL CAMP**



Phone: 434-582-2907 or 877-FLAMES-1
Fax: 434-582-2908
Email: hstephens@liberty.edu
Website: www.libertyflames.com

Attn: Heather Stephens-Camp Director
1971 University Blvd



LIBERTY

Women's Basketball



Lady Flames Day Camp

****June 29 - July 2, 2010****

Come learn from the BEST!!



Lady Flames Summer Basketball Day Camp

Coach Carey Green's goal for all campers is to lay a solid foundation in the development of their basketball skills. Fundamental skills specific to post and perimeter positions will be taught through the incorporation of individual and team competition and games. Having a team of fundamental players has allowed Coach Green to guide the Women's Basketball program to a total of ten Big South Championships in his eleven years of coaching at Liberty! Campers will have the opportunity to receive individual instruction from the women's basketball coaching staff as well as both current and former players. Camp will typically run from 9:00am to 5:00pm daily except for the first day (6/29) which starts at noon and the last day (7/2) camp concludes at noon with the closing awards ceremony.

Come learn from the 2010 Big South Champs-
Liberty Lady Flames!



Camp Highlights

- ◆ Individualized instruction from Liberty coaches and players.
- ◆ Awards given for individual competition and games.
- ◆ Lunch will be provided daily.
- ◆ Daily instructional clinics designed to educate campers about playing basketball at the college level.
- ◆ Camp t-shirt, evaluation form & participation certificate for each camper.
- ◆ Daily devotionals from players and staff.
- ◆ Experiencing Liberty's campus and basketball facilities.

Sample Daily Schedule

- 9:00am—Campers Arrive/Warm-up
- 9:30am—Ball Handling and Footwork drills
- 10:00am—Fundamental Stations
- 11:00am—Water/Snack Break
- 11:15am—Offensive Concepts
- 12:00pm—Individual Competitions/Games
- 12:30pm—Lunch & Camp Devotional
- 2:00pm—Instructional Clinic (NCAA Clearinghouse)
- 2:30pm—Stretch & Warm-up
- 3:00pm—Position Development
- 3:30pm—Defensive Concepts
- 4:00pm—Group Competitions/Games
- 4:45pm—Camp Review & Closing
- 5:00pm—Campers Dismissed

Camp Registration

Campers can complete check-in from 11:00am-12:00pm on June 29, 2010, in the Vines Center. Camp starts at 12:30pm.

Staff



Carey Green—Head Coach

Has led Liberty's team to 10 NCAA appearances and 10 Big South Championships in his 11 years at Liberty. Entering his 12th year as head coach, Coach Green believes that good players are those who spend the time in the off season developing and perfecting their skills.

Heather Stephens

Camp Director/Asst. Coach

Entering her 8th season with program and 5th as camp director, Coach Stephens believes that camps are a great way for aspiring ball players to sharpen their skills and take their game to the next level.



Alexis Sherard

Asst. Coach/ Co-Recruiting Coordinator

Entering his 4th season with the program.



Andrea "Andy" Bloodworth

Asst. Coach/ Co-Recruiting Coordinator

Entering her 4th season with the program.