

2009-10 Top Liberty Men's Indoor Track & Field Performers

60-Meter Dash

NCAA Automatic: 6.60

NCAA Prov.: 6.71

IC4A: 6.98

School Record: 6.74 (Jacob Swinton, 1/26/96)

6.91	<i>Jacey Bailey, Big South Indoor Champ., 2/28/10</i>
6.99	Roderick Spruel, Liberty Kickoff, 12/3/09
7.13	Andre Washington, Liberty Quad, 2/12/10
7.14	Oronde Vassell, Sykes-Sabock Challenge Cup, 2/5/10
7.27	Geren Woodbridge, Big South Indoor Champ., 2/27/10

200-Meter Dash

NCAA Automatic: 21.23

NCAA Prov.: 21.63

IC4A: 22.24

School Record: 21.23 (Mike Decker, 3/5/00)

22.23	<i>Jacey Bailey, Virginia Tech Challenge, 2/19/10</i>
22.49	Oronde Vassell, Sykes-Sabock Challenge Cup, 2/6/10
22.85	Andre Washington, Sykes-Sabock Challenge Cup, 2/6/10
23.28	Roderick Spruel, Liberty Quad, 2/12/10
23.32	Taylor Courtney, Liberty Quad, 2/12/10

400-Meter Dash

NCAA Automatic: 46.75

NCAA Prov.: 47.85

IC4A: 49.20

School Record: 46.33 (Mike Decker, 3/10/01)

49.42	Taylor Courtney, Big South Indoor Champ., 2/27/10
49.55	Andre Washington, Sykes-Sabock Challenge Cup, 2/6/10
51.30	Chris Herbst, Sykes-Sabock Challenge Cup, 2/6/10
51.48	Jacey Bailey, Liberty Kickoff, 12/3/09
54.43	Russell Allen, Liberty Open, 1/30/10

800-Meter Run

NCAA Automatic: 1:48.90

NCAA Prov.: 1:51.40

IC4A: 1:54.90

School Record: 1:50.7h (Johnny Prettyman, 2/22/92)

1:53.59	<i>Isaac Wendland, Big South Indoor Champ., 2/28/10</i>
1:57.86	Paul Arslain, Liberty Kickoff, 12/3/09
1:58.23	Jordan Bright, Sykes-Sabock Challenge Cup, 2/6/10
1:58.44	Joel Terry, Liberty Quad, 2/12/10
2:00.05	Drew Edwards, Hokie Invitational, 1/23/10

Mile Run

NCAA Automatic: 4:00.80

NCAA Prov.: 4:05.30

IC4A: 4:14.90

School Record: 4:01.63 (Josh McDougal, 2/18/06)

4:07.15	<i>Sam Chelanga, Hokie Invitational, 1/22/10</i>
4:16.14	Will Reeves, Sykes-Sabock Challenge Cup, 2/6/10
4:19.76	David Ricksecker, Liberty Quad, 2/12/10
4:27.61	Kyle Davidson, Sykes-Sabock Challenge Cup, 2/6/10
4:29.75	Ryan Cox, Liberty Quad, 2/12/10

3,000-Meter Run

NCAA Automatic: 7:57.20

NCAA Prov.: 8:07.70

IC4A: 8:27.20

School Record: 7:53.16 (Josh McDougal, 3/4/06)

8:14.07	<i>Sam Chelanga, Big South Indoor Champ., 2/27/10</i>
8:20.56	<i>Evans Kigen, Sykes-Sabock Challenge Cup, 2/6/10</i>
8:48.31	Kyle Powers, Sykes-Sabock Challenge Cup, 2/6/10
8:48.99	David Ricksecker, Hokie Invitational, 1/22/10
8:55.62	Mark Hopely, Sykes-Sabock Challenge Cup, 2/6/10

5,000-Meter Run

NCAA Automatic: 13:50.80

NCAA Prov.: 14:13.80

IC4A: 14:47.40

School Record: 13:19.79 (Sam Chelanga, 2/13/09)

13:37.01 *Sam Chelanga, NCAA Division I Indoor Champ., 3/12/10*

14:08.98 *Evans Kigen, Tyson Invitational, 2/12/10*

14:20.86 *Josh Edmonds, IC4A Indoor Champ., 3/7/10*

15:26.49 *Ryan Cox, Sykes-Sabock Challenge Cup, 2/5/10*

15:27.51 *Kyle Powers, Liberty Quad, 2/12/10*

60-Meter Hurdles

NCAA Automatic: 7.70

NCAA Prov.: 7.91

IC4A: 8.25

School Record: 8.08 (Ken Howell, 2/21/99)

8.32 *Chris Herbst, Big South Indoor Champ., 2/27/10*

8.44 *Russell Allen, Big South Indoor Champ., 2/28/10*

8.50 *Andre Washington, Hokie Invitational, 1/22/10*

8.52 *Taylor Courtney, Liberty Kickoff, 12/3/09*

8.61 *Geren Woodbridge, Liberty Quad, 2/12/10*

4 x 400 Relay

NCAA Automatic: 3:08.90

NCAA Prov.: 3:12.80

IC4A: 3:19.90

School Record: 3:13.42 (McDuffie, Johnson, Pollard, Burch, 3/3/96)

3:19.24 *(Bailey, Herbst, Washington, Courtney) IC4A Indoor, 3/6/10*

3:19.70 *(Bailey, Herbst, Courtney, Washington) Hokie Invitational, 1/23/10*

3:20.44 *(Washington, Edwards, Herbst, Courtney) Sykes-Sabock, 2/6/10*

3:21.01 *(Herbst, Bailey, Courtney, Washington) Big South Indoor, 2/28/10*

3:24.30 *(Herbst, Bailey, Washington, Courtney) Liberty Open, 1/30/10*

Distance Medley Relay

NCAA Automatic: 9:33.00

NCAA Prov.: 9:44.70

IC4A: 10:19.70

School Record: 9:51.54 (McGregor, Tanner, Lyngaas, Cox, 2/28/98)

10:06.90 *(Reeves, Herbst, Arslain, Chelanga) Big South Indoor, 2/27/10*

Long Jump

NCAA Automatic: 25-9 (7.85m)

NCAA Prov.: 24-7.25 (7.50m)

IC4A: 23-0.5 (7.02m)

School Record: 25-0.5 (7.63m) (James McKnight, 2/5/94)

23-6.75 (7.18m)	Kevin Reddington, Hokie Invitational, 1/23/10
23-5.5 (7.15m)	Anthony Bryant, Liberty Kickoff, 12/3/09
23-3.25 (7.09m)	Clarence Powell, Big South Indoor Champ., 2/27/10
22-11.25 (6.99m)	Aaron Johnson, Hokie Invitational, 1/23/10
22-9 (6.93m)	Oronde Vassell, Liberty Quad, 2/12/10

Triple Jump

NCAA Automatic: 53-0 (16.15m)

NCAA Prov.: 50-8.25 (15.45m)

IC4A: 46-11 (14.30m)

School Record: 50-6 (15.39m) (Clarence Powell, 1/22/10)

50-6 (15.39m)	Clarence Powell, Hokie Invitational, 1/22/10
48-9 (14.86m)	Anthony Bryant, Hokie Invitational, 1/22/10
46-7.25 (14.20m)	Kevin Reddington, Liberty Open, 1/30/10
45-10 (13.97m)	Chris Johnson, Big South Indoor Champ., 2/28/10
44-2.5 (13.47m)	Tashan Duff, Liberty Kickoff, 12/3/09

High Jump

NCAA Automatic: 7-4.25 (2.24m)

NCAA Prov.: 7-0.25 (2.14m)

IC4A: 6-8.25 (2.04m)

School Record: 7-1.5 (2.17m) (James Wilson, 2/20/88 & Anthony Bryant, 2/7/09)

7-0.25 (2.14m)	Clarence Powell, Two times
6-8.25 (2.04m)	Anthony Bryant, Hokie Invitational, 1/23/10
6-2.75 (1.90m)	Tashan Duff, Two times
6-1.25 (1.86m)	Geren Woodbridge, Liberty Open, 1/29/10
5-9.75 (1.77m)	Drew Edwards, Liberty Open, 1/29/10

Pole Vault

NCAA Automatic: 18-0.5 (5.50m)

NCAA Prov.: 17-0.75 (5.20m)

IC4A: 15-9 (4.80m)

School Record: 17-5 (5.31m) (Ken Howell, 3/6/99)

16-8.75 (5.10m)	<i>Kolby Shepherd, Liberty Quad, 2/12/10</i>
15-11 (4.85m)	<i>Geran Woodbridge, Big South Indoor Champ., 2/27/10</i>
15-9 (4.80m)	<i>Cody Fridgen, Two times</i>
15-5 (4.70m)	<i>Justin Savini, Big South Indoor Champ., 2/27/10</i>
12-7.5 (3.85m)	<i>Drew Edwards, Liberty Kickoff, 12/3/09</i>

Shot Put

NCAA Automatic: 63-3.75 (19.30m)

NCAA Prov.: 58-2.75 (17.75m)

IC4A: 51-2.25 (15.60m)

School Record: 61-10.5 (18.86m) (Clendon Henderson, 1/12/08)

55-9.75 (17.01m)	<i>Ryan Smith, Sykes-Sabock Challenge Cup, 2/6/10</i>
46-3.25 (14.10m)	<i>Elliot Galeone, Liberty Quad, 2/12/10</i>
43-2.25 (13.16m)	<i>Geran Woodbridge, IC4A Indoor Champ., 3/6/10</i>
37-7.75 (11.47m)	<i>Drew Edwards, Liberty Kickoff, 12/3/09</i>
25-2.5 (7.68m)	<i>Spencer McCorkel, Big South Indoor Champ., 2/27/10</i>

Weight Throw

NCAA Automatic: 70-6.5 (21.50m)

NCAA Prov.: 63-11.75 (19.50m)

IC4A: 55-1.5 (16.80m)

School Record: 66-6.5 (20.28m) (Jon Hart, 3/1/08)

57-6.5 (17.54m)	<i>Ryan Smith, Big South Indoor Champ., 2/27/10</i>
49-0.25 (14.94m)	<i>Elliot Galeone, Big South Indoor Champ., 2/27/10</i>

Heptathlon

NCAA Automatic: 5,675

NCAA Prov.: 5,325

IC4A: 4,800

School Record: 5,383 (Brandon Hoskins, 3/1/08)

5,152	<i>Geran Woodbridge, IC4A Indoor Champ., 3/6-7/10</i>
4,535	<i>Drew Edwards, Liberty Open, 1/29-30/10</i>
3,639	<i>Spencer McCorkel, Big South Indoor Champ., 2/27-28/10</i>