



High School Christmas Invitational December 9th!!!!!!!!!!!!!!

All of this information can be found online at www.libertyflames.com
Questions regarding the content of this package should be directed to Lance
Bingham at lbingham@liberty.edu

Participating Teams

Appomattox
Ben L. Smith
Bethel
Blacksburg
Broadway
Brookville
Burlington Cummings
Burlington Williams
Chancellor
Charlottesville
Christiansburg
E.C. Glass
East Burke
Franklin County
Freedom
George C. Marshall
Halifax County
Heritage
Jefferson Forest
Liberty Christian Academy
Martinsville
Nelson County
Orange County
Patrick Henry (Ashland)
Polk County
Providence
Pulaski County

**RJ Reynolds
Roanoke Catholic
Rockbridge County
Rustburg
Salem
Sherando
Staunton River
Stuarts Draft
Turner Ashby**

Meet Location: Liberty University's Tolsma Indoor Track Center

**Liberty University North Campus
1971 University Blvd.
Lynchburg, VA. 24501**

Entries: All Teams will enter through Direct Athletics. www.directathletics.com
You must enter your team on Direct Athletics in order to be entered in the meet. (No Exceptions) Coaches "please be considerate and use accurate seeding marks to improve overall meet quality."

ENTRIES INFORMATION - NOTE TO ALL COACHES

Entries only will be accepted online via the Direct Athletics web-site at www.directathletics.com. Detailed instructions will be available online at www.liberty.edu. Questions regarding entry instructions should be e-mailed to support@directathletics.com

Each coach must have a Direct Athletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through Direct Athletics.

If you already have a DirectAthletics account for your Track & Field team and know your username and password, then proceed as follows:

1. Go to www.directathletics.com
2. In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive)

If you do NOT know your username and password, proceed as follows:

1. Go to www.directathletics.com
2. Click on the link "New User? Click HERE".
3. Follow onscreen instructions. You will be able to create a new TEAM account online or retrieve forgotten information for an existing account.

Note About Direct Athletics Accounts

Most coach accounts control a school's Men's AND Women's team. You control only one gender at time, so you will complete the below steps for your Men and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account.

Important Notes Regarding Online Entries

- » For each relay squad, you must enter at least 4 and up to 8 relay athletes (4 + 4 alternates)
- » You must enter ALL athletes online in order for them to compete. This includes relay only athletes and relay alternates.
- » All schools (colleges/junior colleges/high schools) must enter athletes through a TEAM account. No unattached athletes may be entered through a TEAM account.

Direct Athletic Rosters: Remember that you must have your team roster set up on direct athletics then enter the meet or meets. You cannot just build a roster and expect to be entered in the meet.

Confirmation of entry: Direct athletics will list you entries for each meet that you entered. We will post the final performance list online on Wednesday the 6th by 5:00pm.

Entry Fee: Entry fee will be \$5 dollars per athlete per event. \$10 dollars per Relay. Entry fee will be charged based upon online entry at deadline and not upon who actually competes.

Example: John Smith runs the 55m, pole vault, and long jump. He will cost \$12 dollars.

Entry Deadline: The deadline for entries will be **Tues December 5th at 5:00pm** at this time DIRECT ATHLETICS will close the entries online. Calling Liberty will not reopen the entry process. This will be an absolute deadline for adding entries. Scratches will be allowed the day of competition but the entry fee will not change.

Athletic Trainers: Some space will be available for your team trainers and we will be providing student athletic trainers for limited assistance.

Spikes: Maximum Spike length will be ¼ inch in length. Judges and clerks will be checking shoes at check in for each event. Athletes will be disqualified for improper spikes. Pyramids Only!!

Awards:

Implements: All implements must meet the NHSF rules. Implement weigh in will take place at the weigh in room on the north side of the track.

Seeding: Seeding procedures will be decided by the games committee based on number of entries.

Starting Heights: Pole Vault Girls-Starts at 6'6" up to 7'6" then by 6 inches.

Pole Vault Boys Lower- 8'0" then by 6 inches.

Pole Vault Boys Higher- 10'6" then by 6 inches.

High Jump Girls- 4'2" up to 4'4" then by 2 inches.

High Jump Boys-5'0" up to 5'4" then by 2 inches.

Boys Pole Vaulters will be placed in division based upon entry mark. Top 45% will be in the higher division. The winning lower level vaulter will be allowed to vault in the higher division.

Results: Meet results will be posted online at www.directathletics.com and at www.libertyflames.com One copy of the final results may be picked up by the coach at the end of each day.

Coaches Meals: Two coaches from each team will receive passes for meal in our hospitality room. Passes can be found in the team packets at check in. (Teams with more than two coaches will have to purchase tickets at 5 dollars each.) (NO EXCEPTIONS)

Parking: Venue information will be posted online as soon as the entry ways and facilities are completed. (Check Online)

